innovative futures through **Health Coaching**



CONFERENCE PROGRAM

DAY 1 THURSDAY 12 SEPTEMBER		
12.30pm	Registration opens	
2.00 - 3.30pm	Coaching Masterclass 1 Acceptance & Commitment Therapy Facilitator: Professor Bruce Arroll	
3.30 - 4.50pm	Coaching Masterclass 2 Marketing & AI Facilitator: Catherine Newton, Branding and marketing expert	
	BREAK	
6.00 - 9.00pm	Welcome Reception & Awards of Excellence Keynote Address: Mike Hutcheson, Lighthouse Ventures	

DAY 2 FRIDAY 13 SEPTEMBER	
8.15am	Welcome to Innovative Futures through Health Coaching Mihi Ariana Rangi Opening Welcome Linda Funnell-Milner, HCANZA
SESSION 1	PERSONALISING HEALTH WITH AI AND DIGITAL PLATFORMS MC - Linda Funnell-Milner
8.30am – 9.15am	James Maskell, Evolution of Medicine
9.15am – 9.55am	Unlocking the transformational power of coaching through the use of AI Dr Angela Lim, CEO & Co-Founder Clearhead
9.55 – 10.25am	BREAK (30 min)
SESSION 2	FRIEND OR FOE: WHAT ROLE CAN TECHNOLOGY PLAY IN BUILDING COMMUNITY & CONNECTION? MC - Tabitha Healey
10.25am – 10.55am	Focused Acceptance and Commitment Therapy FACT Dr. Geraldine Poynter, General Practitioner
10.55am – 11.25am	Physical activity as social glue: Using technology to enhance intention-behaviour translation and community connections. Dr. Gordon Spence, University of Sydney
11.25am – 11.55am	The Psychosocial Determinants of Health Dr. Cliff Harvey, Holistic Performance Institute
11.55am – 12.30pm	Sync Up: Using Neuroscience to Build Virtual Trust Dr. Sarah McKay, Neuroscientist

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DAY 2 FRIDAY 13 SEPTEMBI	DAY 2 FRIDAY 13 SEPTEMBER (CONT'D)	
12.30pm – 1.25pm	LUNCH (55 min)	
SESSION 3	THE FUTURE OF PUBLIC AND PRIVATE HEALTHCARE IN THE DIGITAL AGE MC - Cliff Harvey	
1.25pm – 1.55pm	The Science and Practice of Resilient Grieving Dr Denise Quinlan and Dr Lucy Hone, NZ Institute of Wellbeing & Resilience	
1.55pm – 2.25pm	Title TBC Juliana Lawrence, Tamaki Health	
2.25pm – 2.55pm	Connected Coaching: Leveraging Digital and Human Collaboration for Better Health Michelle Yandle, Kiasma/Melon Health	
2.55pm – 3.25pm	Behind the office security barriers - How Digital Platforms and AI are changing the workplace Russell Hodges, ICF Australasia	
3.25pm - 3.35pm	BREAK (10 min)	
SESSION 4	Exemplars in the Field of Coaching MC - Sharon Tomkins	
3.35pm – 4.00pm	Why I Love Coaching - Group Coaching and Compassion Satisfaction Sue Cosgrove, Coached by Sue	
4.00pm – 4.25pm	Understanding complexity, developing compassion - old school coaching meets new world Al Patrick Dodson, Patrick Dodson Coaching	
4.25pm – 5.15pm	Elevating Health and Performance: Integrating Firstbeat with Personalized Coaching Kirsten Rose, Recalibrate NZ	
5.15pm – 5.30pm	Q&A	
5.30PM	Close of Proceedings Linda Funnell-Milner	